



INTERNATIONAL 420 CLASS ASSOCIATION

2022 GENERAL ASSEMBLY, ALSÓÖRS, HUNGARY DEVELOPMENT AND PROMOTIONAL ANNUAL REPORT AUGUST THE 6th

Good afternoon,

Dear friends, trying to recover from two difficult years, we did our best to put the “train on the rails again”. Even with limitations in some parts of the globe, we established a development plan for the year of 2022 and so, we acted as follow:

Already finishing the 2021 plan.

Thailand Coaches and Sailors Clinic: Already in the end of the past year, we went to Thailand from 17th to 21st of November, where we have organized a very successful coaches and sailor’s clinic, in the Yacht Racing Association of Thailand, at Sattahip, Chonburi, Thailand. We had 8 coaches and 27 sailors attending. A part the knowledge that we brought to the group, we were very happy to know, that the main club of the country, Royal Varuna Yacht Club, is about to build a new 420 fleet of six boats. The head coach of this action, was Nikos Drougkas from Greece;

World Sailing Youth World Championship in Oman support Coach: As planned, we sent the expert coach Nikos Drougkas, to support the 420 sailors at the 2021 Youth World Championship, from December 11-18 at Mussanah Sports City, Oman;

World Sailing Youth World Championship in Oman – ENP – Colombia and Ecuador: Following up the clinics we have done before, in Colombia and Ecuador, we have sponsored a team from each one of these nations, paying the entry fee, which had included, accommodation, meals and charter boat. Obviously that the coach Nikos Drougkas paid a special attention to this unexperienced teams;

Starting the year of 2022

Easter in Europe 2022 Promotional Action at Opti Garda Meeting: Together with our friends of Olympic Sails, that let us the sails and did the action themselves and, Nautivela that let us the 420, we have done the usual action, with the exhibition of the boat, allowing the young optimist sailors to see it. We also gave promotional material and took the opportunity to talk to the future 420 sailors, coaches and parents;

IODA European Promotional action: Everything was prepared for me to go to Bodrum, Turkey, to do the usual promotional action during the Optimist World Championship but, suddenly, a few days before my departure, I got infected with Covid and so, I couldn't go there. We are trying to be refunded of the flight and accommodation (this last item is already solved);

Hungarian Pre-World's coaches and sailor's clinic: We have organized from the 20th to the 24th of June, at Balatoni Yacht Clube, Alsóörs, the venue of this year's worlds (where we are now), a clinic for coaches and sailors with an attendance of 7 coaches and 34 sailors, from two nations HUN and ROM. It went very well and the head coach was Nikos Drougkas from Greece;

Junior European Championship Test Event Overview: We have done from the 15th to the 17th of July, just before the JEC and during a Test Event, an Overview of the daily races with the former Portuguese Olympic athlete José Costa, videoing and commenting the critical moments of the races and debriefing the sailors in the end of the day;

World Sailing Youth World Championship support coach in The Hague, Netherlands: As always, we sent the expert coach Nikos Drougkas to the venue of this championship, in order to support all the 420 participants during the event;

ACTIONS ALREADY TO BE DONE IN THE FUTURE:

We have started with all the arrangements, to do in a near future the following actions:

Chilean Coaches and Sailor's Clinic: In order to reactivate the Chilean 420 fleet and also to bring some more knowledge to the sailors and coaches of this nation, we will hoist there, in Algarrobo, a clinic, from the 24th to the 28th of September, with the Argentinian coach Martin Cloos;

World Sailing Symposium: We are still waiting for the World Sailing to fix the dates (maybe in October) of the World Sailing Training and Development Symposium in Abu Dhabi, for me to be present there for a 420 presentation and promotional action, handing up material to the attendants;

High-Level Coaches Clinic in Imperia, Italy: As we are doing every two years, we will organize in Imperia, Italy, at Yacht Club Imperia and with the support of the Italian Sailing Federation and the Italian 420 Class Association, a high-level coaches clinic, having as head coach the Greek Michalis Mileos and also with the contribution of a nutritionist, a physical education professor, a sports psychologist and a sailmaker;

Promotional Material: We will also ask for new promotional material, to be used in our actions.

Thanks for your attention.

Portugal, 6th of august 2022

**José Massapina
President and Development Officer
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