



INTERNATIONAL 420 CLASS ASSOCIATION

2019 GENERAL ASSEMBLY, VILAMOURA – PORTUGAL DEVELOPMENT AND PROMOTIONAL ANNUAL REPORT AUGUST 7th

Good afternoon,

It's with great pleasure that I report to you the development and promotional activities of the Class during the second semester of 2018 and first semester of 2019. Our Class is well established all over the globe and is the strongest double handed dinghy for youth training but we still have to work on development and promotion in some areas. So, regarding the plan approved on the last year AGM and using the sail buttons fund, we did and we are about to do during this year, the following actions:

420 Promotion at the WS Conference: During the World Sailing annual meeting last November in Sarasota, Florida, USA, the I420CA EC was represented by the President Nino Shmueli and the Technical Committee Chairman, Dimitris Dimou. During this meeting has been distributed promotional material to the participants and they took the opportunity to be present in some of the most relevant committees for the Class.

2019 World Sailing Development Symposium: I was present from the 2nd to the 4th of April at Balaton Lake, Hungary, where took place the 2019 World Sailing Training and Development Symposium. I had the opportunity to meet a large number of MNA representatives and I have made a small presentation of our boat and also about the development tools “420 To the Max” and “420 Online Book of Exercises” and distributed promotional material.

Easter in Europe Promotional Action: We have sent a coach to Fraglia de la Vela Riva, in Garda Lake, Italy, during the traditional Optimist Meeting in Easter, with about 1.100 boats, which has been an ideal opportunity to reach a large number of Optimist sailors, coaches and parents, and promote our boat. We had as usual, the support of Nautivela and Olympic Sails with a full rigged 420 to show to the sailors and make them try the trapeze. We thank them for this support;

Promotional Action during the Optimist European Championship 2019: We went to the Optimist European Championship in Crozon Morgat, France, on past June 2019, with a full rigged 420. We gave the sailors the opportunity to “have a go” on the 420 with a coach. This action was really successful with a lot of young sailors trying our boat. We have also spread promotional material.

COACHES AND SAILORS CLINICS: As planned, we have held clinics in the following continents:

LAST SEMESTER OF 2018

EUROPE

High Level Coaches and Sailors Clinic at the Vilamoura 420 Sailing Academy: We held a high level clinic here in Vilamoura last October, with the technical coach instructors being Jim Saltonstall (GBR) and Michalis Mileos (GRE). Dr. Bernardo Pessoa (POR) spoke injury prevention and physical preparation of the young 420 sailors and the nutritionist Dr^a Mónica Neves (POR) gave us an overview of the suitable nutrition for young athletes. In addition, the Portuguese Sailmaker Pires de Lima spoke about 420 sails. Overall the clinic was really successful.

Slovenian Development Clinic: We organized a development clinic in Portoroz, Slovenia, with Nikos Drougkas (GRE) as the coach. We had a very good attendance from surrounding countries including Italy, Slovenia, Croatia, Serbia, Hungary and Austria;

FIRST SEMESTER OF 2019

AMERICA

Brazilian Coaches and Sailors Clinic: A coaches and sailors clinic has been organized in Brazil, Rio de Janeiro, with the Portuguese coach Gonçalo Ribeiro, from 11th to 15th of April. We had a good attendance from Brazil, Argentina and Chile;

EUROPE

Ukrainian Development Clinic: A coaches and sailors clinic was organized in Odessa, Ukraine, from 1st to the 5th of May 2019 and the head coach was Nikos Drougkas (GRE). This was well attended.

Lithuanian and Eastern European Coaches and Sailors Clinic: A coaches and sailors clinic has been organized in Lithuania, from 22nd to the 26th of June 2019 and the head coach was again Nikos Drougkas (GRE). As well as a lot of attendants from Lithuania, we had also some who had attended the earlier Ukrainian clinic, and Belarus and we have prepared the teams from LTU and BLR there who we will support on the WS Youth Worlds in Gdynia.

Pre-Worlds Coaches and Sailors Clinic at Vilamoura 420 Sailing Academy: A clinic/training camp was organized here in Vilamoura last week, from the 28th of June to the 2nd of July. We had a lot of teams and coaches profiting from this action and we had as coach instructors the former Olympic sailors Eyal Levin (ISR), Francisco Andrade (POR) and also Hugo Rocha (POR). We had also the IJ Gordon Davis (IRL) working on the racing rules aspects every day;

OTHER ACTIONS ALREADY MADE:

Support to South Africa with part of the Charter boat for the World Championship: Regarding the clinic that we will organize in South Africa in September, we gave a help to their team and we supplied them, together with Vilamoura Sailing, with a boat to take part in the world championship here in Vilamoura;

Opti Coaches Free Education on the 420 Clinics: In the different clinics all over the world, we accepted and invited for free the participation of optimist and other youth classes coaches

420 Promotional Video: The promotional video will be launched on the next days. A presentation will be done during this general assembly meeting;

420 Tuning Live Video: The tuning video will be launched on the next days. A presentation will be done during this general assembly meeting;

ACTIONS ALREADY TO BE DONE THIS YEAR

To complete the development and promotional plan, are still to be done the following actions:

Support to the ENP on the World Sailing Youth World Championship: Following the clinic in Lithuania, we have prepared a team from Belarus and another from Lithuania, and we will support them, paying the entry fee of the World Sailing Youth World Championship in Gdynia, Poland and we will have also a coach with them;

- a) We will send the experienced coach Nikos Drougkas (GRE) to Gdynia, Poland, next week, to support the 420 sailors in general and the ENP (Emerging Nations Program) in particular, during the World Sailing Youth Worlds Championship;
- b) Also inside the I420CA ENP Programme and following up the clinic in Lithuania , we and another from Lithuania at the WSYWC shave paid the entry fee of a team from Belaru in Gdynia and with the supervision of the coach Nikos Drougkas

COACHES AND SAILORS CLINICS READY TO BE UNDERTAKEN IN THE FOLLOWING CONTINENTS AND COUNTRIES:

AFRICA

South African 420 Coaches and Sailors Clinic: Already booked and being organised for the period of 22nd to 26th of September 2019 and it will take place in Hermanus, south of Cape Town;

OCEANIA

Australian 420 Coaches and Sailors Clinic: Already booked being organised for the period of 29th of September to the 3rd of October 2019 and it will take place in Adelaide;

Development Clinic in Fiji: Awaiting to agree the date and details;

ASIA

Taiwan 420 Coaches and Sailors Clinic: Already booked being organized for the period of 15th to 19th of August 2019;

Coaches and Sailors Clinic in Malaysia: Awaiting to agree the date and details (also with implementation of a 420 Sailing Academy);

Coaches and Sailors Clinic in Singapore: Awaiting to agree the date and details;

Promotional Material: We have prepared the following promotional material that we are using in our actions:

- Leaflets – 1.000
- Stickers - 500
- Neck Puffs (various colors) - 800

Thank you for your attention.

Vilamoura, Portugal, 7th of August 2019

José Massapina
Vice-President and Development Officer
International 420 Class Association